

Zwem- en polovereniging IJsselmeer

Badindeling

Seizoen 2022-2023

Versie: 1

Concept

1

Datum: 22-07-22

Buitenzwembad Sijsjesberg geopend

| Dag van de week | Augustus 2022 | September 2022 | Oktober 2022 | November 2022 | December 2022 | Januari 2023 | Februari 2023 | Maart 2023 | April 2023 | Mei 2023 | Juni 2023 | Juli 2023 | Augustus 2023 | Tijden De Meent | Tijden Sijsjesberg | Groep of Opmerkingen | Bad 25/50mtr |
|--------------------------|---------------------------------|---------------------------|-----------------------------------|------------------------------|---------------------------------|------------------------------|--------------------------------|---------------------------|--|--|---|---|------------------------------|-----------------|--------------------|--|--------------|
| Diploma Zwemmen | | | | | | | | | | | | | | | | | |
| Woensdag | De Meent 31 | De Meent 7, 14, 21, 28 | De Meent 5, 12, 19, 26 | De Meent 2, 9, 16, 23, 30 | De Meent 7, 14, 21 | De Meent 11, 18, 25 | De Meent 1, 8, 15, 22 | De Meent 8, 15, 22, 29 | De Meent 5, 12, 19, 26 | De Meent 10, 17, 24, 31 | De Meent 7, 14, 21, 28 | De Meent 5, 12, 19 | De Meent | 16,00-18,00 | xxxx | Zie jaarplanning diploma zwemmen 2022-2023 | 20/25 |
| Waterpolo | | | | | | | | | | | | | | | | | |
| dinsdag | Sijsjesberg 30 meent | De Meent 6, 13, 20, 27 | De Meent 4, 11, 25 | De Meent 1, 8, 15, 22, 29 | De Meent 6, 13, 20 | De Meent 10, 17, 24, 31 | De Meent 7, 14, 21 | De Meent 7, 14, 21, 28 | De Meent 4, 11, 18 | De Meent 9, 16, 23, 30 | De Meent/Sijsjesberg M 6, 13, 20, 27 | Sijsjesberg M 4, 11, 18 | Sijsjesberg | 18,00-19,00 | xxxx | WP jeugd | 25m bad |
| dinsdag | 16, 23, 30 | 6, 13, 20, 27 | 4, 11, 25 | 1, 8, 15, 22, 29 | 6, 13, 20 | 3, 10, 17, 24, 31 | 7, 14, 21 | 7, 14, 21, 28 | 4, 11, 18 | 2, 9, 16, 23, 30 | S 6, 13, 20, 27 | 4, 11 | 15, 22, 29 | 21:00-22:00 | 19:00-20:00 | WP heren | 25m bad |
| donderdag | 18, 25 +1/9 | 8, 15, 22, 29 | 6, 13, 20, 27 | 3, 10, 17, 24 | 1, 8, 15, 22, 29 | 5, 12, 19, 26 | 2, 9, 16, 23 | 2, 9, 16, 23, 30 | 6, 13, 20 | 4, 11, 25 | M 1, 8, 15, 22 | | 17, 24, 31 | 21:00-22:15 | 19:00-20:00 | WP heren | 25m bad |
| vrijdag | | 2, 9, 16, 23, 30 | 7, 14, 28 | 4, 11, 18, 25 | 2, 9, 16 | 13, 20, 27, | 3, 10, 17, 24 | 10, 17, 24, 31 | 7, 14, 21 | 12, 26 | M 2, 9, 16, 23, 30, | M 7, 14 | | 19,00-20,00 | xxxx | WP jeugd | 25m bad |
| Wedstrijd Zwemmen | | | | | | | | | | | | | | | | | |
| maandag | De Meent 29 | De Meent 5, 12, 19, 26 | De Meent 3, 10, 24, 31 | De Meent 7, 14, 21, 28 | De Meent 5, 12, 19 | De Meent 9, 16, 23, 30 | De Meent 6, 13, 20 | De Meent 6, 13, 20, 27 | De Meent 3, 17, 24 | De Meent 8, 15, 22 | De Meent 5, 12, 19, 26 | De Meent 3, 10, 17 | | 17.45.-18.45 | xxxx | Allen | 20/25 |
| woensdag | 31 | 7, 14, 21, 28 | 5, 12, 26 | 2, 9, 16, 23, 30 | 7, 14, 21 | 11, 18, 25 | 1, 8, 15, 22 | 8, 15, 22, 29 | 5, 12, 19, 26 | 10, 17, 24, 31 | 7, 14, 21, 28 | 5, 12, 19 | | 17.50.-18.45 | xxxx | Allen | 25 |
| donderdag | | 1, 8, 15, 22, 29 | 6, 13, 27 | 3, 10, 17, 24 | 1, 8, 15, 22 | 12, 19, 26 | 2, 9, 16, 23 | 9, 16, 23, 30 | 6, 13, 20 | 11, 25 | 1, 8, 15, 22, 29 | 6, 13 | | 18.00.-19.00 | xxxx | Allen | 25 |
| vrijdag | | 2, 9, 16, 23, 30 | 7, 14, 28 | 4, 11, 18, 25 | 2, 9, 16, 23 | 13, 20, 27 | 3, 10, 17, 24 | 10, 17, 24, 31 | 14, 21 | 12, 26 | 2, 9, 16, 23, 30 | 7, 14 | | 18.00 - 19.00 | xxxx | Allen | 25 |
| Triation | | | | | | | | | | | | | | | | | |
| Maandag | Sijsjesberg 1,8,15,22,29 | De Meent 5,12,19,26 | De Meent 3,10,17,24,31 | De Meent 7,14,21,28 | De Meent 5,12,19 | De Meent 2,9,16,23,30 | De Meent 6,13,20,27 | De Meent 6,13,20,27 | De Meent 3,17,24 | Sijsjesberg 1,8,15,22 | Sijsjesberg 5,12,19,26 | Sijsjesberg 3,10,17,24,31 | Sijsjesberg 7,14,21,28 | 18,45 - 19,45 | 20,00 - 21,00 | Allen | 25m/50m bad |
| Woensdag | 3,10,17,24 | 7,14,21,28 | 5,12,19,26 | 2,9,16,23,30 | 7,14,21,28 | 4,11,18,25 | 1,8,15,22,29 | 1,8,15,22,29 | 5,12,19,26 | 3,10,17,24,31 | 7,14,21,28 | 5,12,19,26 | 2,9,16,23,30 | 18,45 - 19,45 | 20,00 - 21,00 | Allen | 25m/50m bad |
| Zaterdag | 6,13,20,27 | 3,10,17,24 | 1,8,15,22,29 | 5,12,19,26 | 3,10,17,24,31 | 7,14,21,28 | 4,11,18,25 | 4,11,18,25 | 1,8,15,22,29 | 6,13,20,27 | 3,10,17,24 | 1,8,15,22,29 | 5,12,19,26 | 09,00 - 10,00 | 08,45 - 09,45 | Allen | 25m/50m bad |
| Trim Zwemmen | | | | | | | | | | | | | | | | | |
| Maandag | Sijsjesberg 1, 8, 15, 22, 29 | De Meent 5, 12, 19, 26 | De Meent 3, 10, 17, 24, 31 | De Meent 7, 14, 21, 28 | De Meent 5, 12, 19, X | De Meent 2, 9, 16, 23, 30 | De Meent 6, 13, 20, 27 | De Meent 6, 13, 20, 27 | De Meent 3, X, 17, 24, 31 | De Meent 1, 8, 15, 22, X | De Meent 5, 12, 19, 26 | Sijsjesberg 3, 10, 17, 24, 31 | Sijsjesberg 7, 14, 21, 28 | 21.00 - 22.00 | xxxx | Allen | 25m bad |
| Woensdag | 3, 10, 17, 24, 31 | | | | | | | | | | | | | xxxx | 20.00 - 21.00 | Allen | 50 m bad |
| Familie Zwemmen | | | | | | | | | | | | | | | | | |
| Zondag | De Meent | De Meent | De Meent 2, 9, 30 | De Meent 6, 13, 20, 27 | De Meent 4, 11, 25 | De Meent 7, 15, 22, 29 | De Meent 5, 12, 19 | De Meent 5, 12, 19, 26 | De Meent 2, 9, 16, 23 | De Meent 7, 14, 21 | De Meent | | | 09.00 - 10.00 | xxxx | Allen | 20m+25m bad |
| Feestdagen en Vakanties | | Zwemkamp 9 t/m 11 sept | Herfstvakantie 15 okt - 23 okt | | Kerstvakantie 24 dec - 8 jan | Nieuwjaardag: 1-jan | Voorjaarsvak 25 feb - 5 mrt | | Pasen: 9, 10 april Koningsdag: 27 april Mei vakantie 29 april - 7 mei | Hemelvaart: 18 mei Pinkster: 28 en 29 mei | Zwemvierdaagse Datum??? | Zomervakantie 22 jul - 3 sept (Regio Noord) | | | | | |